

OTHER DRINKS

| | 12 oz. | 16 oz. |
|-----------------------------|--------|--------|
| Chai Tea Latte- Hot or Iced | \$4.00 | \$4.50 |
| Ice Tea | - | \$2.00 |
| Fresh Squeezed Lemonade | - | \$3.00 |
| Arnold Palmer | - | \$3.00 |
| Hot Chocolate | \$2.75 | \$3.25 |
| Chocolate Milk | \$2.75 | \$3.25 |
| Bottled Water | \$1.50 | |
| Bai | \$2.50 | |
| La Croix | \$1.15 | |
| Coconut Water | \$2.00 | |

LUNCH/DINNER

PERFECT PLATE SIGNATURE MEALS-SEE REFRIGERATOR \$7.75-\$10

Paninis- Served with a Pickle & Chips or Fruit

The Perfect Pesto \$7.99 - All-Natural Turkey, Mozzarella Cheese, Basil Pesto, Sliced Tomato, Sliced Onion, and Spinach

The Balsamic \$7.99 - All-Natural Ham, Cheddar Cheese, House Made Honey Balsamic, Sliced Tomato, and Spinach

- Add a side of fruit- \$1.25



BREAKFAST- Served til' 10:30AM

Protein Pancakes

- Small \$5.50 - 2 pancakes, 1 hard-boiled egg, strawberries, and syrup
- Large \$6.75- 3 pancakes, 2 hard-boiled eggs, strawberries, and syrup

Extra homemade coconut syrup- \$0.50

Breakfast Quesadillas served with salsa & sour cream- \$6.75

- Sausage & Peppers
2 scrambled eggs, pork breakfast sausage, caramelized onions, sautéed bell peppers with jalapeno and cilantro, cheddar cheese
- Bacon, Egg, and Cheese
2 scrambled eggs, bacon, caramelized onions, and cheddar cheese
- Eat Your Veggies-
2 scrambled eggs, all-natural ham, spinach, broccoli, onion, and cheddar cheese
- BYO- Build your own!
2 scrambled eggs, 1 protein, 2 veggies, and cheddar cheese
Choose one- Sausage, Ham, or Bacon
Choose two- Caramelized onions, bell peppers (with jalapeno and cilantro), spinach, broccoli

Add extra meat, eggs, or a side of fruit- \$1.25 each

This week:
Open 8AM-6PM,
Monday-Thursday
8AM-9PM Friday
(For Final Friday Event)

DRINKS

FRESH BREWED COFFEE

| | 12 oz. | 16 oz. | 20 oz. |
|--------------|--------|--------|--------|
| Medium Roast | \$1.85 | \$2.20 | \$2.50 |

ESPRESSO DRINKS

| | | |
|-----------------------------|--------|--------|
| Latte | \$3.50 | \$4.00 |
| Flavored Latte- Hot or Iced | \$4.00 | \$4.50 |
| Cappuccino | \$3.00 | \$3.50 |
| Mocha- Hot or Iced | \$4.00 | \$4.50 |
| Americano | \$2.50 | \$3.00 |

- Espresso and hot water

| | | |
|------------------|--------|--------|
| Shot in the Dark | \$3.00 | \$3.50 |
|------------------|--------|--------|

- Espresso and coffee

Cortado- \$3.00

- Single shot espresso and 2 oz. steamed milk

Espresso - Single- \$2 / Double-\$3 /Triple- \$4

- Hot or Iced

Add ons-

Almond Milk- \$0.50

Extra pump of syrup- \$0.50

Extra shot of espresso- \$1.00

Oatmeal Bar

served with brown sugar, cinnamon, and 2 toppings- \$4.25

Toppings- (DF - Dairy Free)

- Toasted Almonds (DF)
- Raisins (DF)
- Cranberries (DF)
- Fresh Strawberries
- Chocolate Chips
- Milk
- Almond Milk (DF)

Add a topping-\$0.75

Add 2 hard-boiled eggs for a protein packed breakfast- \$2.00

Fruit, Yogurt, and Granola Parfaits- \$4.50

PASTRIES

Gluten Free & Vegan from NiceBites Bakery

See case for available selection- \$2.35- \$3.25